



**This group will focus on sexual education for neurodivergent teens through the use of group discussions, practical activities, problem-solving scenarios and visual aids.**

## GROUP AIMS

- Understanding how to negotiate sexual scenarios
- Recognising how to regulate emotions in sexual situations
- Negotiating peer influences around sex
- Learning about gender, sexuality and sexual skills for health and wellbeing

## DETAILS

- Weekly Tuesday sessions in the clinic from 3.30 - 5.30pm
- Starting Term 1 2024
- Designed for 12-15 year olds
- Facilitated by Skie, occupational therapist and provisional psychosexual therapist

**WORKSHOPS OFFERED AS EITHER GROUP OR INDIVIDUAL CONSULTATIONS  
TELE-HEALTH ALSO AVAILABLE**

\*Please note parents/families must be willing to have open discussions with participants around the topics of gender, sexuality and sex\*

**BOOKING ENQUIRIES BY PHONE OR THE QUICK EASY ONLINE ENQUIRY FORM**



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